

# Living Faith @

Dear Faith Shapers,



Fall is in the air! The season of fall is full of the most delightful things! I love the crisp fresh air, the smells of cider, apples, cinnamon and pumpkin. The sound of rustling leaves and of course, the beautiful array of colors that fall brings.

My prayer for you is that you enjoy the simple blessings of fall, make some new family traditions, and above all, mark the season with gratitude. Gratitude draws us nearer to God and brings contentment and joy.

Blessings to you, dear faith shapers,  
Deacon Lisa Kammerer



## Reformation Day

October 31st is not only Halloween, it is also a time to remember the Reformation and its importance in church history. On this day in 1517, Martin Luther (the reformer, not MLK Jr. the civil rights leader) nailed his ninety-five theses (discussion points) to the door of the Wittenberg castle in protest of the abuses of the church. One of the main messages Martin Luther taught was that salvation cannot be purchased or earned. He said "We are saved by grace alone, through faith alone, in Christ alone." When Martin Luther nailed those 95 theses to the door the Protestant Reformation was born. Here are some ways to learn more about Martin Luther and the Reformation

- ⇒ Read a book about Martin Luther or any of the other reformers.
- ⇒ Sing or listen to the hymn "A Mighty Fortress Is Our God" written by Martin Luther
- ⇒ Watch a Reformation Day video on YouTube.
- ⇒ Read the original 95 theses. They are easily found on the internet.



This information is prepared for you by the Northeastern Iowa Synod-Home Life Network for use by families and local congregations.

Like our page on Facebook and our posted resources will appear in your newsfeed. Our page is [Northeastern Iowa Synod Home Life Network ELCA](#)



Find us on  
Facebook

# FALL FAMILY TRADITIONS

TRADITIONS BUILD FAMILY BONDS, CREATE MEMORIES AND ARE JUST PLAIN FUN! HERE'S A LIST OF GREAT FAMILY TRADITIONS. DON'T TRY TO DO THEM ALL, JUST ADOPT A FEW THAT SPEAK DEEPLY TO YOU. THINK ABOUT THE SIGHTS, SOUNDS AND SCENTS OF THE SEASON. THE JOY OF TRADITIONS IS THAT YOU WANT TO DO THEM YEAR AFTER YEAR.

1. VISIT AN ORCHARD AND PICK APPLES
2. GET LOST IN A CORN MAZE
3. JUMP IN A LEAF PILE
4. HAVE A PUMPKIN SPICE FLAVORED EVERYTHING DAY
5. CARVE EPIC PUMPKINS
6. MAKE HOMEMADE SOUP OR BREAD
7. START A FAMILY GRATITUDE JOURNAL
8. TAKE A FALL FAMILY WALK OR CAR RIDE
9. GATHER AROUND A BONFIRE
10. VISIT A STATE PARK
11. DONATE TO YOUR LOCAL FOOD PANTRY
12. TAKE FALL FAMILY PHOTOS
13. LISTEN TO THE RAIN OR PLAY IN PUDDLES
14. TAKE FALL TREATS TO A NEIGHBOR
15. MAKE LEAF RUBBINGS
16. HAVE A FALL PICNIC
17. FAMILY GAME NIGHT
18. EAT HALLOWEEN CEREAL
19. DO A RANDOM ACT OF KINDNESS
20. FLANNEL OR COZY SWEATER DAY
21. VOLUNTEER AS A FAMILY
22. DO A PUZZLE AS A FAMILY
23. HAVE AN APPLE EVERYTHING DAY
24. HOST A COSTUME DINNER
25. TRY A NEW APPLE RECIPE
26. MAIL A FALL CARE PACKAGE
27. HELP A NEIGHBOR RAKE LEAVES
28. FALL CAMPING OR STAR GAZING
29. MAKE A SPOOKY PLAYLIST
30. CREATE A PHOTO SCAVENGER HUNT
31. TAKE A HAYRIDE
32. ATTEND A FALL FESTIVAL
33. TAKE A FULL MOON WALK
34. FAMILY BIKE RIDE
35. ROAST PUMPKIN SEEDS
36. MAKE SOMETHING WITH PEARS
37. WALK THROUGH AN OLD CEMETERY
38. SCARY MOVIE MARATHON
39. VISIT A FARMERS MARKET
40. MAKE YOUR OWN HALLOWEEN COSTUMES
41. WRITE A LETTER TO YOUR OLDEST FAMILY MEMBER
42. DECORATE YOUR PORCH FOR FALL
43. FRIENDSGIVING
44. MAKE CARAMEL APPLES
45. THANKFUL THURSDAYS