## Living Faith @

## Dear Faith Shapers,



Fall is in the air! The season of fall is full of the most delight-

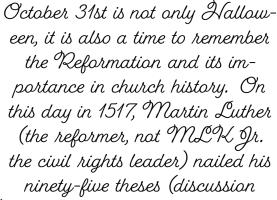
ful things! I love the crisp fresh air, the smells of cider, apples, cinnamon and pumpkin. The sound of rustling leaves and of course, the beautiful array of colors that fall brings.

My prayer for you is that you enjoy the simple blessings of fall, make some new family traditions, and above all, mark the season with gratitude. Gratitude draws us nearer to God and brings contentment and joy.

Blessings to you, dear faith shapers, Deacon Lisa Kammerer



## Reformation Day



points) to the door of the Wittenberg castle in protest of the abuses of the church. One of the main messages Martin Luther taught was that salvation cannot be purchased or earned. He said "We are saved by grace alone, through faith alone, in Christ alone." When Martin Luther nailed those 95 theses to the door the Protestant Reformation was born. Here are some ways to learn more about Martin Luther and the Reformation

- $\Rightarrow$  Read a book about Martin Luther or any of the other reformers.
- ⇒ Sing or listen to they hymn "A Mighty Fortress Is Our God' written by Martin Luther
- $\Rightarrow$  Watch a Reformation Day video on You Tube.
- $\Rightarrow$  Read the original 95 theses. They are easily found on the internet.



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## FALL FAMILY TRADITIONS

TRADITIONS BUILD FAMILY BONDS, CREATE MEMORIES AND ARE JUST PLAIN FUN! HERE'S A LIST OF GREAT FAMILY TRADITIONS. DON'T TRY TO DO THEM ALL, JUST ADOPT A FEW THAT SPEAK DEEPLY TO YOU. THINK ABOUT THE SIGHTS, SOUNDS AND SCENTS OF THE SEASON. THE JOY OF TRADITIONS IS THAT YOU WANT TO DO THEM YEAR AFTER YEAR.

- 1. VISIT AN ORCHARD AND PICK APPLES
- 2. GET LOST IN A CORN MAZE
- 3. JUMP IN A LEAF PILE
- 4. HAVE A PUMPKIN SPICE FLAVORED EVERYTHING DAY
- 5. CARVE EPIC PUMPKINS
- 6. MAKE HOMEMADE SOUP OR BREAD
- 7. START A FAMILY GRATITUDE JOURNAL
- 8. TAKE A FALL FAMILY WALK OR CAR RIDE
- 9. GATHER AROUND A BONFIRE
- 10. VISIT A STATE PARK
- 11. DONATE TO YOUR LOCAL FOOD PANTRY
- 12. TAKE FALL FAMILY PHOTOS
- 13. LISTEN TO THE RAIN OR PLAY IN PUDDLES
- 14. TAKE FALL TREATS TO A NEIGHBOR
- 15. MAKE LEAF RUBBINGS
- 16. HAVE A FALL PICNIC
- 17. FAMILY GAME NIGHT

- 21. VOLUNTEER AS A FAMILY
- 22. DO A PUZZLE AS A FAMILY
- 23. HAVE AN APPLE EVERYTHING DAY
- 24. HOST A COSTUME DINNER
- 25. TRY A NEW APPLE RECIPE
- 26. MAIL A FALL CARE PACKAGE
- 27. HELP A NEIGHBOR RAKE LEAVES
- 28. FALL CAMPING OR STAR GAZING
- 29. MAKE A SPOOKY PLAYLIST
- 30. CREATE A PHOTO SCAVENGER HUNT
- 31. TAKE A HAYRIDE
- 32. ATTEND A FALL FESTIVAL
- 33. TAKE A FULL MOON WALK
- 34. FAMILY BIKE RIDE
- 35. ROAST PUMPKIN SEEDS
- 36. MAKE SOMETHING WITH PEARS
- 37. WALK THROUGH AN OLD CEMETERY
- 38. SCARY MOVIE MARATHON
- 39. VISIT A FARMERS MARKET
- 40. MAKE YOUR OWN HALLOWEEN COSTUMES
- 41. WRITE A LETTER TO YOUR OLDEST FAMILY MEMBER
- 42. DECORATE YOUR PORCH FOR FALL
- 43. FRIENDSGIVING
- 44. MAKE CARAMEL APPLES
- 45. THANKFUL THURSDAYS

