

8:30 a.m. Registration at Neumann Auditorium Lobby			
	Description	Speaker(s)	
9:00-10:00 a.m. A01 Ukraine - Moral Trauma (will repeat B03)	"A" Workshops This presentation will highlight a mission trip to train Ukrainians on Moral Trauma along with teaching the participants as to why we need to continue to support our brothers and sisters of this war-torn country.	Rev. John Sheahan	
A02 Enabling Your Congregation To Be Stronger and Your Youth Be Safer (will repeat C04)	After my third daughter was trafficked, God revealed to me two major Biblical mandates missing in my ministry to save kids. First, equip parents and grandparents to pass on the faith and safeguard their children. See our free curriculum for doing this. Luther said that parents are bishops, apostles, and priests. They deserve training. Secondly, all congregational members be prayed for. We will share ways for congregations to get this to happen. This workshop will introduce you to these resources, show their importance, and how to use them. Go show your people our website and what resources we have for you.	Rev. Al Erickson and Kathryn Koob	
A03 Dinner Church (will repeat C05)	What would you do if you could try anything? One teenager's answer to this question resulted in a sanctuary redesign, a new ministry even after the closing of the congregation, and an exciting opportunity to rethink what church can be like. Come to get a taste of Dwelling in Faith Dinner Church and whet your appetite for new possibilities in your own setting!	Rev. Sarah and Karis Nye	
A04 Faith Formation and Volunteer Recruitment: Thinking Outside of the Box (will repeat D01)	Join us for an engaging workshop that delves into innovative approaches to faith formation and volunteer recruitment. We'll explore current practices and then stretch our imaginations to consider fresh alternatives. Whether you're a pastor, educator, or lay leader, this session will inspire you to think creatively and take practical steps toward revitalizing your faith community.	Deacon Jackie Schilling and Lisa Acton	
A05 Faith Formation that can Last Past High School	Everyone is talking about the drop-out rate in youth ministry - and it is getting depressing. This seminar will re-look at this whole issue of discipleship and faith formation. Tiger will present some ideas about how to be more intentional and will share what he has learned after researching this topice for years. He will share his "7 Faith Factors" that can help build a faith that sticks. We will look at issues involved in deepening faith that includes family, relationships, youth ministry and some suprise variables.	Tiger McLuen	
A06 What is a Mutual Ministry Committee and Why Do We Need One?	In the Model Constitution for Congregations, the ELCA has provided that each congregation should have a Mutual Ministry Committee (C.13.04). Mutual ministry is basic to our Lutheran theology. This workshop will present the reasons why a Mutual Ministry Committee is a good idea and present best practices for the composition and function of the committee in supporting pastors, deacons and the people and ministries in which they serve.	Rev. Steve Brackett	
A07 The Dwelling: The Church That Started as Three Showers and a Trailer (will repeat C08)	Come and learn about The Dwelling, a congregation comprised of currently or formerly housing insecure people. Led by Rev. Emily (Harkins) Norris and Redeemers intergenerational trip to Winston-Salem, North Carolina to be a part of the ministry. Our Spirit and Service Learning Experience included relationship building, learning about justice issues, storytelling and service. Find out how your congregation can become a part of The Dwelling's ministry.	Paula Letsche and Audra Cherry	
A08 Discover the Possibilities with Mosaic	Join us for an insightful journey as we share the essence of our mission and the impactful work we do. Embark on a quick tour that encapsulates our mission, delves into our rich history, and highlights our varied services and programs. Among these discover the serene experience of Rejoicing Spirits, our unique, hush-free worship initiative designed to inspire and uplift.	Jackie Cooper	
A09 Rocks and Roots: The Outdoors as a Spiritual Playground (will repeat B09)	Have you ever experienced the Word of God come to life in the outdoors? It's an incredibly common experience of faith. Explore the intersection of the great outdoors and the Christian faith with Frank Johnson, who draws on years of experience as a long-distance hiker, angler, adventure racer, pastor, and camp director to pursue what it is about the outdoors and our Lutheran camps that forges deep spiritual connections.	Rev. Frank Johnson, Executive Director at Camp EWALU	
A10 Providing Spiritual Care for Those Who Are in the Hospital or in Hospice Care is an Important Role for Congregations (will repeat C11)	These visits are very different from visiting people in their homes and can be intimidating for those who are not familiar or even are uncomfortable in these spaces. Join in a discussion of the different types of visits and support, and helpful ways to support patients and families. Discuss how to provide connection to the congregation, spiritual support and how to ask what information the patient and family want shared with the congregation.	Rev. Liz Retz	
A11 Jesus said: You Feed Them. How? (will repeat C12)	How do you start and maintain a food ministry? What is food rescue? We will share what we have learned from starting a Mobile Food Pantry in 2016 and turned that into a food pantry that owns its own building. We will talk about how to source food and the importance of building partnerships. We want to hear your questions which will shape our presentation.	Rev. Kim and Diane Wills	
10:00-10:15 a.m.	Break		



CONSREGATIONS	IIDII Waalada aa	
10:15-11:15 a.m.	"B" Workshops There will some a time when your congregation may need to make difficult decisions.	Poy Diona Stangards
B01 Reflecting on Your Congregation's Legacy (will repeat C01)	There will come a time when your congregation may need to make difficult decisions about the ongoing ministry of the congregation. Perhaps that means closure, or a different radical change. Either way, it can be helpful to think about the options your congregation has for an enduring Christ-focus legacy now. Together we will consider how to best steward the congregational legacy you've inherited for the sake of future mission.	Rev. Dione Stepanek, Director for Evangelical Mission
B02 Band Practice	This will be the practice time for anyone that would like to play in the band for the worship service.	Rev. David Efflandt
B03 Ukraine - Moral Trauma (repeat of A01)		Rev. John Sheahan
B04 What's Campus Ministry Got To Do With It? (will repeat C02)	Coffee, Cookies, Conversations, and Charcuterie? What's Campus Ministry got to do with that? Join us in conversation to learn more about the students we meet, trends in spiritual life we see at a public university, and the impact we believe campus ministry has on the future of the church.	Robin Kime
B05 Talking Out Loud About Addiction (will repeat C03)	The Substance Abuse Network was formed to proactively provide resources and support for rostered ministers, congregation members, and community members who are in recovery, who are supporting someone in recovery, or who are coping with the effects of addiction on family and friends. The network will advertise and develop resources for recovery through the congregations of our synod. This workshop will introduce the Substance Abuse Network, hold a panel presentation on the need to talk openly about substance abuse and addiction, and provide information on how to respond to an opioid overdose.	Rev. Tom Martin
B06 The Messy Reality of Ministry to Parents	Today's parents are overworked, exhausted, and untrained but they are still the primary faith shapers in kids' lives. We all talk about partnering with parents or "home is church". With clarity and honesty, Tiger will help you understand the messy reality of parents and learn how your ministry can actually support and encourage them. Go beyond nice phrases and good intentions.	Tiger McLuen
B07 Immigrant and Refugee Community Services (will repeat C07)	Come learn more about the expansion services of Immigrant and Refugee Community Services (IRCS) now being offered in the Cedar Valley.	Mike Knipp, Lutheran Services of Iowa
B08 Strategic Ministry (will repeat D03)	Begin thinking strategically about your ministries and be equipped to continue the conversation with congregational leadership. Explore ways to build relationships with your youth and adults in worship and outside of worship. Find ways to make worship interactive and a place for all ages and all people.	Brittney Swanson, Executive Director, Lutheran Lakeside Camp
B09 Rocks and Roots: The Outdoors as a Spiritual Playground (repeat of A09)		Rev. Frank Johnson, Executive Director at Camp EWALU
B10 Racial Disparities in Incarceration in Black Hawk County	The US system of mass incarceration gives us one of the highest per capita incarceration rates of any country in the world. However, the good news is that, nationally, incarceration rates have dropped substantially since their peak in around 2010, thanks to numerous reform efforts across the country, The problem for us in lowa is that our rates have not decreased at all over the last 15 years but have stayed at the high they achieved earlier. We also have one of the greatest disparities between black and white incarceration of any state. This presentation will explore the main dimensions of mass incarceration in lowa, the reasons why reforms have stalled, and what reforms are needed to bring lowa's incarceration rates under control.	R. Allen Hays, Emeritus Professor of Political Science and Public Policy at UNI, and Co-Chair of the Iowa Justice Action Network
B11 Intro to Stephen's Ministry (will repeat D07)	Discover how Stephen's Ministry can benefit your congregationboth as a lay person and pastor. The benefits of being both a care giver and care receiver will be presented. We will also have information about getting a program started in your congregation.	Rev. Mike Ashman, Joyce Schoulte, Gwen Dettbarn
B12 Coaching as a Creative Process: Cultivating an Entrepreneurial Spirit for an Uncertain Future	In this workshop you will learn how coaching can be used as a creative process to cultivate an entrepreneurial spirit in your ministry in the midst of uncertainty and transition. You will learn what makes coaching distinct from other tools, how it can be used to build a healthier culture, activate your mission, or discern where God is calling you individually or as a community. You will have the opportunity to apply these tools during the workshop and walk away with practical ideas and next steps to implement in your context and everyday life. Rev. Kristi V. H. Grieder is a rostered leader of Word and Sacrament in the ELCA. She is an ELCA Coach, a Certified Life, Grief, and End of Life Coach (expected by June 2024) and working towards her credentials to be a Professional Certified Coach with the International Coaching Federation. Having worked in multi-vocational ministry as a pastor, hospice chaplain, and coach she specializes in coaching individuals and organizations who are in the midst of transition, processing grief, discerning where God is calling them, and distilling what's most important for today.	Rev. Kristi Grieder



CONSREGATIONS	Brook	
11:15-11:30 a.m.	Break Worship	
11:30 a.m12 p.m.	Worship Lunch/Brook Place inin a	
12:15-1:30 p.m.	Lunch/Break Please join a table with the topic of your choice if you would like to be a part of the discussion. Or	
ļ	feel free to gather with colleagues, meet new friends or take time outside enjoying	
	the day.	
1:30-2:30 p.m.	"C" Workshops	D D
C01 Reflecting on Your		Rev. Dione Stepanek,
Congregation's Legacy (repeat of B01)		Director for Evangelical Mission
C02 What's Campus		Robin Kime
Ministry Got To Do With It? (repeat of B04)		
C03 Talking Out Loud		Rev. Tom Martin
About Addiction (repeat of B05)		
C04 Enabling Your		Rev. Al Erickson and
Congregation To Be		Kathryn Koob
Stronger and Your Youth		
Be Safer (repeat of A02)		D 0 117 1 11
C05 Dinner Church (repeat of A03)		Rev. Sarah and Karis Nye
C06 Qualities of an	Grounded in Scripture, this session gets to the heart of what makes a leader into	Tiger McLuen
Effective Leader to the Next Generation	someone who can impact the life of a teenager, and will inspire you to be clear about your role in the busy world of adolescence. This will encourage, equip and inspire you in your important work with students, and will give you something practical to use as you equip and encourage your own ministry team.	riger wezden
C07 Immigrant and		
Refugee Community		
Services (repeat of B07)		
C08 The Dwelling: The		Paula Letsche and Audra
Church That Started as		Cherry
Three Showers and a		•
Trailer (repeat of A07)		
C09 Art as Spiritual Practice: A Hands on All Ages Faith Practice (will repeat D04)	Let's make some art! It is amazing what happens when we quiet ourselves and enter into the quiet spaces of this world and let our hands be busy. It is in these quiet spaces that God speaks to us and offers encouragement, healing, discernment and a whole host of responses. Join us as we busy our hands and quiet our minds and create together. We will have mixed media art supplies for your use and will walk you through the process of creating sacred space for this prayer practice. We will have handouts for you to take home so you can lead this practice with any group. I promise it's fun, easy and a safe place for us to play and encounter God. All ages are welcome and encouraged! And I cannot wait to see what you create!	Rev. Kate Johnson
	Discover the power that rest can provide by attending a sound bath using crystal sound healing bowls. The sounds that the bowls create allow your brain to slow down simply by listening to the bowls. This allows for a deep rest that is similar to sleep. You may also discover clarity to problem that a solution has been eluding you. Other benefits include reduced anxiety and stress, lowered blood pressure, improved mood, and a calmer nervous system.	Heather Egts
C11 Providing Spiritual Care for Those Who Are in the Hospital or in Hospice		Rev. Liz Retz
Care is an Important Role for Congregations (repeat of A10)		
for Congregations (repeat		Rev. Kim and Diane Wills
for Congregations (repeat of A10) C12 Jesus said: You Feed	Lectio divina, "divine reading," involves listening for God through prayerful, reflective reading of scripture. In this workshop, you will learn about and experience this ancient spiritual practice, as well as a few creative variations of Lectio divina that involve music, doodling, and artwork. These practices can be incorporated into worship services, and work especially well for midweek evening services during seasons like Advent and Lent.	Rev. Kim and Diane Wills Rev. Joy Edeker
for Congregations (repeat of A10) C12 Jesus said: You Feed Them. How? (repeat of A11) C13 Divina Moments: Many Ways to Listen for God (will	reading of scripture. In this workshop, you will learn about and experience this ancient spiritual practice, as well as a few creative variations of Lectio divina that involve music, doodling, and artwork. These practices can be incorporated into worship services, and work especially well for midweek evening services during	



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2:45-3:45 p.m.	"D" Workshops	Doggon Jookie Cabilling
D01 Faith Formation and Volunteer Recruitment:		Deacon Jackie Schilling and Lisa Acton
Thinking Outside of the		and Lisa Actori
Box (repeat of A04)		
DOX (Topoat of Au+)		
D02 Everything You Ever	We will explore what is leading to much longer call process in the ELCA and other	Rev. Steve Brackett
Wanted to Know About	denominations, and strategies and resources that may help to bridge the gap	
Calling a Pastor or Deacon	between calls and shorten the length of a call process.	
D03 Strategic Ministry		Brittney Swanson,
(repeat of B08)		Executive Director of
		Lutheran Lakeside Camp
D04 Art as Spiritual		Rev. Kate Johnson
Practice: A Hands on All		
Ages Faith Practice (repeat		
of C09)		0: 1 0 " 5:4/4111
D05 Tips and Tricks for	1 1 1 1	Steph Boeding, EWALU
Church Communications:	at your church put a lot of time and energy into events and programs, and you want	Director of Marketing and Communications
Making The Most of Your	to make sure people know about them! Not to mention, you have parish news to share. It's hard to cut through the clutter of all the other mail, email and social media	Communications
Emails, Website, and Social Media	that people are getting every day. We'll talk about resources to pump up your church	
Social Media	communications, how to make your website and social media be the most welcoming	
	"front door" they can be, ways to make your work do double-duty, and how to make	
	sure people are actually getting your message.	
D06 A Sound Experience to		Heather Egts
Rest and Renew (repeat of		G
C10)		
D07 Intro to Stephen's		Rev. Mike Ashman, Joyce
Ministry (repeat of B11)		Schoulte, Gwen Dettbarn
D08 Divina Moments: Many		Rev. Joy Edeker
Ways to Listen for God		
(repeat of C13)		
D09 Learning From Our	Our synod shares a companion synod relationship with the Evangelical (Lutheran)	Rev. Dr. Mark Yackel-
Hungarian Lutheran	Church in Hungary Magyarországi Evangélikus Egyház (MEE). Since 2022 a number	
Siblings in Christ	of grassroot delegations have traveled to Hungary to build relationships and learn	Friedrich
	from our brothers and sisters there. Join this workshop to discover how our	
	relationship is growing and what we are learning about what God is doing through the mission and ministry of the MEE.	
D40 Duine Courselle	-	Miles Klimofolten Denier I
D10 Dying Generously:	We have all been blessed by a loving and generous God. How, then, do we respond to the generosity shows to us? By returning to God that which belongs to God	Mike Klinefelter, Regional Gift Planner
Planned Giving as Part of	to the generosity shown to us? By returning to God that which belongs to God. Through your generosity, you will help create the kingdom of God on earth with a	Giit Flatiliel
Your Legacy	planned gift. Mike will lead a conversation about giving using your assets, primarily at	
	the end of your life, so that your generosity ensures the continuation of God's work in	
	the world — for years to come.	
D11 Lay Training for	Four area Synods have joined together to create a training program to equip people	Bishop Kevin Jones and
Congregations/Individuals	to lead worship, preach and preside at the sacraments, and provide pastoral care in	the Rev. Dr. Kristin
3333333333	a congregation when an ordained pastor is not available. This two-year program	Wedland
	includes participation in a certified ELCA Lay School, additional training for those	
	hoping to serve in Synod Authorized Ministry (SAM), and semi-annual retreats to	
	focus on practical experiences. In this workshop, Bishop Kevin Jones will provide	
	information for interested individuals and congregations, and answer questions about	
	the program starting in September 2024.	
D12 Information for	This session will provide information about how to fund solar installations and other	David Voigts, Donna
Churches Wanting to go	green energy projects on church property using new funding opportunities available	Rasmussen
Solar	to non-profits through the Inflation Reduction Act, as well as green loan programs	
	and other ways of financing the project. Information will also be provided about local	
	lentities that can provide assistance to congregations for conducting energy audits,	
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	planning green energy projects and obtaining funding assistance.	
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	planning green energy projects and obtaining funding assistance. Thank you for joining us today!	